

Childbirth Weekender In-person Class is for expectant mothers and their support person, with the following dates:

(All in-person classes will be held in the MMH Conf. Center-lower level)

**Saturdays
from 9 a.m.
to 4 p.m.**

**2018: October 6 • December 8
2019: January 12 • March 2 • May 4 • July 27
September 28 • November 9**

Childbirth Weekender In-person Class is recommended at 5-6 months of the pregnancy (end of second trimester).

Participants may register for the Childbirth Weekend In-person class session by going to:
meekermemorial.org/calendar

***All classes
FREE of Charge!***



MEEKER MEMORIAL
HOSPITAL & CLINICS
Care as it should be.

To Register:

MEEKER MEMORIAL HOSPITAL

612 S. Sibley Ave. • Litchfield, MN 55355

Phone: 320-693-4590

www.meekermemorial.org

