

What is the difference between 2D and 3D Mammograms?

2D MAMMOGRAM:

- Is the current standard of care
- Uses x-rays to create two-dimensional, flat images of your breasts.
 - Takes images from the top and side of your breast.
 - Has the potential for breast tissues to overlap during compression, giving them an abnormal appearance.
 - If your mammogram appears abnormal, you will need additional imaging; 10% of women who have 2D mammograms will be called back for additional imaging.
- Most insurances cover the cost of an annual 2D screening mammogram.

3D MAMMOGRAM:

- Is recommended for women with dense breast tissue; however, it is beneficial regardless of your breast density.
- Uses x-rays to create three-dimensional (3D) images of your breasts.
 - The camera moves in an arc over your breast, taking multiple images, so there is less potential for tissues to overlap.
 - You are less likely to be called back for additional mammogram images.
- There may be an out-of-pocket cost for this exam (depending on your insurance plan).

Both exam types provide accurate results. If you would like your annual screening mammogram to include 3D mammography, please request 3D when you schedule your appointment. **Check with your insurance** provider to determine if any additional costs are associated with 3D mammography.



Tomosynthesis (3D mammogram)

Tomosynthesis, also known as Tomo or 3D, is an advanced type of mammogram that uses the same x-ray technology as standard 2D mammograms. In 3D exams, the camera moves in an arc over the breasts, taking images from various angles. This type of exam provides images of the breast in layers, making it easier to find abnormalities.

What are the benefits of 3D mammography?

- Higher cancer detection rate
- Decreased need for additional testing
- FDA approved

October is Breast Cancer Awareness Month



Meeker Memorial has made a commitment to keep costs low for those who do not have insurance that covers the 3D portion of a screening exam.



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